

A la Carte Massages 2011

Relaxing massage with essential oils

50 min 70 EUR
suitable for loosening physical and mental tensions, it relaxes, betters the mood and the quality of sleep. It helps blood circulation and tissues nourishment.

Plantar reflexology

50 min 70 EUR
it acts on the different organs of the body, by restoring their balance and functioning. It strengthens the immune systems and helps to loosen muscular tensions.

Draining massage for legs

30 min 55 EUR
it favours lymphatic circulation, reduces swellings and helps the elimination of exceeding liquids through manual pumpings.

Plantar reflexology with foot massage

60 min 75 EUR

Shiatsu massage

60 min 80 EUR
It is an oriental therapeutic technique of finger pressure. It works on the points where the energy flows. It restores the correct energetic and psychophysical equilibrium.

Neck and shoulders massage

50 min 70 EUR
treatment suitable for loosening tensions and soothing cervical aches due to incorrect positions.

Exclusive

From June 1st to September 10th (according to weather)
Discover shiatsu massage in harmony with nature! 60 minutes of pure wellbeing under the trees. A re birth from the origins! 85 EUR

to enjoy treatments it is necessary to book in advance (min. 24 hours notice).

After every massage, you will be offered a purifying infusion, which acts on physiological processes of draining, helping the organism to eliminate exceeding liquids, with a general tonic effect.

WELLNESS AND RELAX OFFER

Aromatic infusion
massage at your choice
walking around the lake on foot or by bike, with a map of the area
Lunch or dinner "dietetic menu"
120 EUR/person

Possibility to use a room to extend your relaxation with VIP treatment (slippers, bathrobe, tray of fresh fruit, mineral water)

195 EUR / 1 person in double room for single use
320 EUR / 2 persons in double or twin room