

A la Carte Treatments 2011

Relaxing treatment with essential oils

50 min 70 EUR
suitable for loosening physical and mental tensions, it relaxes, better the mood and the quality of sleep. It helps blood circulation and tissues nourishment.

Plantar treatment

50 min 70 EUR
it acts on the different organs of the body, by restoring their balance and functioning. It strengthens the immune systems and helps to loosen muscular tensions.

Draining for legs

30 min 55 EUR
it favours lymphatic circulation, reduces swellings and helps the elimination of exceeding liquids through manual pumpings.

Foot massage

60 min 75 EUR

Shiatsu

60 min 80 EUR
It is an oriental therapeutic technique of finger pressure. It works on the points where the energy flows. It restores the correct energetic and psychophysical equilibrium.

Neck and shoulders

50 min 70 EUR
treatment suitable for loosening tensions and soothing cervical aches due to incorrect positions.

To enjoy treatments it is necessary to book in advance (min. 24 hours notice).

WELLNESS AND RELAX OFFER

Aromatic infusion

Wellness treatment at your choice

Walk around the lake on foot or by bike, with a map of the area

Lunch or dinner "dietetic menu"

120 EUR/person

Possibility to use a room to extend your relaxation with VIP treatment (slippers, bathrobe, tray of fresh fruit, mineral water)

195 EUR / 1 person in double room for single use

320 EUR / 2 persons in double or twin room